



Order of St Lazarus: Commandery of Wales

Week 2 Elective Report: Namibia

This week is our last week at Onandjokwe hospital so I tried to rotate in a variety of specialties.

I spent the first half of the week in gynaecology and then in the NICU. On Friday I was with the community outreach team.

In gynaecology I spent the first day in theatres, I saw procedure such as a myomectomy , ERPOC , and an emergency C section. I was impressed by the innovation of the surgeons ; using a catheter to stabilise the uterus. I spent two days in NICU. I saw two cases of prematurity and meconium aspiration and neonatal sepsis. In NICU; I saw cases of meconium aspiration , a diaphragmatic hernia, neonatal sepsis, and prematurity. I also clerked a patient with an encephalocele that was awaiting surgery for removal. I attended a rural health day in Onyaanya: a district 40km from the hospital. Many of the cases were hypertension, HIV and TB follow-up. Unfortunately, due to the language barrier I couldn't take a history of the patients, but I was able to examine patients. I assisted the nurses in register patients, administer drugs, taking bloods and set up IVs for patients that required it . It was inspiring to see how nurses would provide patient education on management of their chronic condition.

Thank you again for enabling me to this placement, I am learning and experiencing a lot.

Lara Akinawonu